

Report on N&E Sri Lanka Trip by Abayam 04-08-19 to 11-08-19

Dr K. Parthipan (UK), Dr Aravinthan (Jaffna), Mr Rajendran (driver)

INSTITUTION WITH CONTACTS	SUMMARY OF VISIT OR WORK DONE	DONATIONS	REQUESTS
Sunday 04-08-19			
<p>Follow-up visit Base Hospital Thirukkovil (population 43,000). Met Dr Mohanakanthan and Mrs Thamilthasan</p> <p>Thirukkovil area</p>	<p>Discussed refurbishing a female ward and providing some basic equipment/ instruments and naming this ward after the late Dr Thamilthasan. Also constructing a small bus/ auto patient waiting area outside the hospital at the roadside for patients under the name of Dr Thamilthasan. Quotation will be provided by Dr Mohanakanthan.</p> <p>To support five poor A-Level students – SLR 4,000/ month and these students will be identified by the Regional Educational Officer. Verbally agreed to provide this.</p>		
<p>Follow-up visit Divisional Hospital Karaithivu. Met Dr Prasad</p>			<p>Intercom system SLR 200,000. Regular teaching and training.</p>
<p>Follow-up visit Base Hospital Kalmunai North – met Dr Muraleeswaran, Director</p>	<p>Doing very well , there is good leadership and very good team</p>		<p>More teaching and training and guest lectures. To conduct a non-clinical professional skills programme.</p>
05-08-19 Monday			
<p>New visit Visited BT/ KK/ Kaddunurivukulam G.T.M School, Kathiravely,</p>			<p>1) To support a weekly medical clinic which is already being provided by Dr Thevanesan to the village people.</p>

<p>Kattinurivukulam, 120 km from Batticalao (border of Batticalao, Trincomalee and Polanaruwa), 20 km from the main road inside the jungle, with Dr Thevanesan from Mahiladithivu Hospital. Total 180 students (both primary and secondary), 14 teachers, no teacher for English, science and maths. All the parents are poor and hunters. The students have a very high drop-out rate with a high level of malnutrition.</p> <p>Problems:</p> <ul style="list-style-type: none"> - Malnutrition - Poor socio-economic background - Poor school infrastructure, including playground area and classrooms - No supply of drinking water - Poor school attendance due to lack of facilities and poor supply of food. <p>Principal: K. Nakendran</p> <p>Deputy principal: S. Karunairaj</p> <p>Teacher: S. Sathiyakanthan)*</p> <p>Teaching assistant: N. Pushparupan</p>			<p>2) To provide a small amount of financial support to a few teachers to stay after school time to teach O-Level students.</p> <p>3) To help to bring an external teacher to teach science, maths and English every Saturday, in parallel with the medical clinic.</p> <p>4) To provide financial support to establish a tube well for water supply.</p> <p>5) To provide lunch to students (cost approx. SLR40-50 per student, and SLR10 will be paid by the parents).</p> <p>6) To renovate the play area - another government organisation has agreed to provide playground equipment.</p> <p>7) To provide library books and exercise books for students and photocopies of exam papers for students – Dr Thevanesan has agreed to support this.</p> <p>Dr Thevanesan has met parents of O-Level students and he is in the process of getting an estimate for the total cost.</p> <p>Dr Thevanesan will be monitoring the full activities.</p> <p>We need a donor for this project</p>
<p>Follow-up visit Teaching Hospital Batticalao</p>	<p>Bedside teaching for medical registrars</p>		<p>Regular teaching for registrars</p>

5-8 pm			
06-08-19 Tuesday			
Follow-up visit Divisional Hospital Mahiladithivu Hospital landline 652056961 Met Dr T. Thevanesan	Excellent leadership and management team	Donated 1 adult and 1 paediatric stethoscope and 1 electronic peak flow meter (total cost 159.27 +34.98 GBP) + 30,000 SLR to buy a laminater machine to laminate patient records.	Regular seminars and workshop for their staff. Want student empowerment programme for this regional school students
** Follow-up visit Partallipurum Provincial Medical Unit and met Dr Prathas and Mrs KK Praveena, Public Health Midwife			As agreed, they wanted an ECG machine which has already been ordered for them. They do not want the other equipment which they requested at our last visit. They suggested to build a patient toilet (estimated cost SLR 60,000); verbally agreed to provide. Praveena requested a pack consisting of dressing gown, pads, clean clothes and accessories/ clothes for baby, for mothers who are pregnant and near term/ delivery. Mothers find it difficult to buy these products because of financial problems. Estimated cost of 1 pack = SLR 6,000. In one month there are approximately 6 deliveries. Verbally agreed to fund this, SLR 36,000/ month. They also

			requested multi-vitamin syrups and tablets. Verbally agreed to provide.
<p>** Follow-up visit Elakkanthai School Sampur Principal = Mr K. Paskaralingam. Unable to meet principal, but spoke with him on the telephone and visited the school.</p>			<p>Already agreed to support the school – milk for the pupils (agreed by Dr Thayaparan/Seelan) , build a fence around the school and support a teaching assistant. Estimates for these have already been circulated. Work will start soon.</p>
<p>**New visit Visited Kiravatkuli Sivasakthy Vidyalayam, Santhosapuram, with Mrs Praveena and met principal, Rathiseelan.</p> <p>Poor area Poor socio-economic background and malnutrition</p>			<p>1) To conduct afternoon special classes and to promote pupils to stay for this, they need to be provided food in the school 2325SLR/ day, 20 days per month. 2) Grade 5 scholarship exam 2020 afternoon classes 1 day 1550 SLR, for 20 days per month. (total cost for food- 3700/day) 3) To support 2 teacher in the afternoon to provide writing classes 2 x SLR 4,000 per month. 4) To conduct alaku exam For grade 1-5 students SLR 3,000 per month. 5) To have a school signpost SLR 22,500. (Photocopy machine, printer and computer, a 50m fence to prevent animals entering.)</p> <p>Need one or tow donors for this school project</p>
07-08-19 Wednesday			
<p>Follow up visit: 10 am – visited Base Hospital Tellipalai, and met Dr Thivakar, previous MS, and visited</p>			<p>Want workshop and seminars for medical and nursing staff</p>

<p>the Ragupathy Emergency Unit upgraded by Abayam. It is a very good unit after the upgrade, and Dr Thivakar demonstrated the aspects of the new infrastructure. It was so satisfying and gave pride to witness the improved unit and its facilities.</p> <p>Met Dr Saravanabhava-Consultant obstetrician and discussed the delivery date of the US scanner. He also requested further support to people in remote areas where he does free clinic.</p> <p>On the way back from the hospital, briefly visited Mrs Ragupathy and discussed the improved ED unit in Tellipallai.</p>			
<p>Visited Annacodai Clinic and did 3 hour clinic, reviewing 25 respiratory patients. Had a committee meeting with Dr Sathiyamoorthy, Dr Ganesh (who does 4 clinic sessions per week) and Mr Jinson, full time co-ordinator. Discussed the current activities, monthly expenditure and calculated the total cost per month is approx. SLR 250,000, more than half of which is used to purchase medicines. We discussed how to reduce the expenditure in that meeting and also</p>		<p>Donated 2 nebuliser machines, 8 nebuliser masks and 2 boxes of nebulisers and 2 new BNF books</p>	

<p>discussed with Dr Aru Thirumurugan about this.</p> <p>We reluctantly decided to charge SLR 100 per patient for medication. We also decided not to charge for those who cannot afford it and for those above 60 years of age. We also decided to review this in 6 months' time.</p> <p>We also noted that there are many consultants from overseas and in Sri Lanka who are willing to come and work in the clinic. Dr Saravanabhava, consultant obstetrician, will be starting a clinic soon.</p>			
08-08-19 Thursday			
<p>New visit:</p> <p>Visited Iyachachi, old Sivapoomi house, in a village, to see whether a free clinic could be conducted in future if sponsorship could be found. Needs a doctor to conduct a clinic twice a week, lasting 3 hours per session. Needs a volunteer to accompany the doctor to arrange and issue medication. We will need to discuss this further.</p>			
6-8pm Teaching Hospital Jaffna	bedside teaching for medical registrars		
09-08-19 Friday			
<p>Follow up visit:</p> <p>Morning – visited Base Hospital Point Pedro with Dr Aravinthan and met Dr Mullai (Deputy</p>		In the Emergency Unit a BIPAP/CPAP machine which was	As they already have a ventilator, to be able to use this ventilator in the Emergency Unit they need one monitor with

<p>Medical Superintendent, Dr Sivaranjini, physician, Dr Kugathan and the person in charge of the inventory.</p>		<p>funded by Dr Marie Lena (USA) cost 0.9 million SLR, was handed over to the MS officially by Dr Aravinthan. The nurses and doctors also had a demonstration of the machine by Mr Visvanathan, the medical representative.</p>	<p>end tidal CO2 measurement. They also requested a patient warmer, 4 air mattresses, a pill counter, Oxygen regulator for the ventilation, pharmacy teaching and also teaching on acute medical emergencies.</p>
<p>Follow up visit: Visited Divisional Hospital Valvettithurai Dr Surenthiran (DMO) with resident doctors, nurse, matron and person in charge of the inventory.</p>		<p>Handed over an ECG machine by Dr Aravinthan. Mr Visvanathan demonstrated the ECG machine to all hospital staff.</p>	<p>A dental chair and dental equipment. (The current chair and equipment are rusted and in poor condition.) Approx. cost SLR 650,000 + SLR 150,000. Ultrasonic nebuliser -1 Central RO system-Water purification system for the hospital, as no drinking water available in that area (SLR 600,000). Washing machine-1 Autoclave-1 Requested 2 monitors, 5 BP monitors, a partogram (SLR 200,000), urine dipstick test kits. Arrangement will be made by Mr Mangalesewaran to meet Valvettithurai Society in UK to request funds for the above. Please see the video explaining the Valvettithurai request by the DMO.</p>

6-8pm Teaching Hospital Jaffna	bedside teaching for medical registrars		
10-08-19 Saturday			
<p>Follow up visit: Visited Mannar Hopistal with Dr Kathirgamarnathan (father-in-law of Dr Saravanan), who donated 50% of the 0.9 million rupees BIPAP/CPAP machine, and Mr Visvanathan, and met deputy director, Visiting Physician, Dr Nanthini, and Visiting surgeon, Dr Mathurageethan</p>		<p>Visited Emergency Unit and the CPAP/BIPAP machine was handed over officially by Dr Kathirgamana than. Mr Visvanathan demonstrated the machine to both doctors and nurses. A full tour of the hospital, demonstrating the poor condition and infrastructure, was arranged by the deputy director.</p>	<p>Requested: theatre instrument trolley 2 trollies of 3 different categories were requested by the surgeon (Rs 100000) A defibrillator with pacing mode 5 wheelchairs ? ICU ventilator Transport ventilator (they have one already in place, which is old) 2 monitors for the medical ward, 2 Sucker or the wards, Ward round trolley for female ward Aluminium folders for patient notes at the bedside (35 for female ward, 40 for male ward), 1200 Rs per folder, Curtains for female medical ward 2 patient bedside small tables for the Emergency Treatment Unit Labour ward: patient/ mother bedside tables x 5 2 oxygen saturation monitors for babies in labour ward 1 partogram A shelf along the head end of the bed in Labour Ward 20 pairs of clogs/ plastic slippers for ITU use Dialysis Unit will send their requests. To sponsor a pre- intern doctor- Rs 30,000/month</p> <p>Renovation / painting of the wards</p>

			<p>Arrangement will be made by Mr Mangalesewaran with the Mannar Society of UK to see if they could sponsor the above.</p> <p>Please see the video of the Deputy Director explaining all the above requests.</p>
4-4.45 pm Annaicoddai clinic	Respiratory health education discussion for local people		
6-8pm Teaching Hospital Jaffna	bedside teaching for medical registrars		
8-9pm – Met Mr Kailas and Mr Thevaranjan from Educational Department Jaffna	Discussed student Empowerment Programme in schools.		
Sunday 11-08-19			
<p>Visited Killinochchi school which is managed by Dr Sathiyamoorthy and discussed with him identifying a very poor school in a very remote area/ jungle to support the pupils' education and nutrition. (We have got a sponsor to start this project with SLR 1 million).</p> <p>Awaiting further details and inspection by the Abayam team.</p>			

Mr Rajan as before provided the transport for the above visits, at a total cost of SLR 110,000. As before, it was fully paid by the visiting member.

The visiting team stayed in Eastern Province at Mahiladithivu Hospital in Dr Thevanasan's room free of charge, and he also provided both breakfast and dinner during this stay.

No funds from Abayam were utilised towards these expenses.

** – these projects will be managed by Mrs KK Praveena, trusted local midwife. She will produce regular reports with the school principals. SLR 275,000 was handed over to her. She will manage this money and the future finance either with the Kiravatkuli Sivasakthy Vidyalayam principal or with a well trusted and respected village person in that area.